

## Rainbow Centre Policies

---

The following basic principles that apply to every event, discussion or gathering hosted by the Rainbow Centre:

### **Respect**

Each and every person is entitled to respect. This means respecting their comments, ideas, and opinions that they share with the group. That doesn't mean you have to agree with what someone said, it simply means you must allow them to share their opinion, and if you wish to disagree, please do so politely, without attacking or insulting the other person.

### **Privacy**

Any comments, opinions, feelings (etc.) shared at a Rainbow Centre event, discussion, or other gathering are to be kept within the group. The Rainbow Centre is a safe space where each individual is valued; as such their privacy should also be respected.

### **Confidentiality**

The Rainbow Centre is a safe environment, where all individuals are welcome regardless of sexual orientation or gender identity. Everyone has a different experience with coming out, and as such their presence at a Rainbow Centre event, discussion, or other gathering should be left to their own disclosure.

### **No Assumptions**

No assumptions are to be made regarding the sexual orientation of gender identity or anyone who attends a Rainbow Centre event, discussion, or other gathering. Just as with any other campus organization, there is a diverse group of individuals who access the Rainbow Centre for various reasons.

## How to find us:

---

The Rainbow Centre can be found in Room 104 on the first floor of Macdonald House Residence. Enter into the front doors of MacDonal House from the Mac House Quad (across from the Dining Hall). Turn left and the Rainbow Centre is the first door on the left just past the recycling bins!



Macdonald House 104  
75 University Ave West  
Waterloo, Ontario  
Canada  
N2L 3C5  
Phone: 884-0710 ext. 3010  
Email: [rainbow@wlu.ca](mailto:rainbow@wlu.ca)  
<http://www.mylaurier.ca/rainbow>

# The WLU Rainbow Centre

The Rainbow Centre is open to individuals of ALL sexual orientations and gender identities.



Macdonald House Room 104  
P. 519.884.0710 x3010  
[rainbow@wlu.ca](mailto:rainbow@wlu.ca)  
[www.mylaurier.ca/rainbow](http://www.mylaurier.ca/rainbow)

## Some Common Q's

---

### **What if I am not out, or even sure if I am gay?**

Everyone is welcome at Rainbow Centre events and activities, regardless of their sexual orientation or gender identity. One of our rules is that no one is to make assumptions about any participants' sexuality or gender identity. Join us at an event, make some friends, and maybe discover a bit about yourself along the way.

### **What if I don't know anyone?**

You aren't expected to know anyone; just show up at the Rainbow Centre at any time during the year, join us for a meeting, and we will welcome you as a friend.

### **I'm really struggling with my sexuality, what should I do?**

If your immediate safety or well-being is at risk, please, please contact one of the following services: Lesbian, Gay, Bi, Trans Youth Line (1-800-268-YOUTH), WLU Counselling Services, Peer Help Line, Campus Security, or even 911. Even if you are not at immediate risk, any of the above services are available at any time. As well, feel free to come in to the Rainbow Centre

## Programming

---

### Events

---

The Rainbow Centre hosts a wide variety of events and social gatherings throughout the school year, including:

- Coming Out Week
- Movie Nights
- Games Nights
- Cosmic Bowling
- Awareness Campaigns
- Much, much more!

Feel free to drop in to the Rainbow Centre at any time or browse our website to check out our events calendar!

### Weekly Discussion Group

---

The Rainbow Centre hosts a weekly group discussion about various topics and issues that affect the LGBTIQ Community. Discussion topics in the past have included:

- Homophobia & Heterosexism
- Coming Out
- Queer Community & Culture
- Gender Identity
- Going Home for the Holidays

For more information, check out the events calendar on our website at [www.mylaurier.ca/rainbow](http://www.mylaurier.ca/rainbow)

## Our Mission

---

**The WLU Rainbow Centre is dedicated to enhancing the University environment for Lesbian, Gay, Bisexual, Trans and Queer individuals in the Laurier Community through awareness promotion, education, advocacy and support.**

The WLU Rainbow Centre is a safe space on campus available to all students, faculty, staff, administrators and visitors who are LGBTQ identifies, Queer-friendly or Allies.

We offer a space in which to house resources, hold meetings, and, most importantly, provide the opportunity to engage in discourse in an open and positive environment.

Please visit our website

for our hours, at

**[www.mylaurier.ca/rainbow](http://www.mylaurier.ca/rainbow)**